

# Community Benefits

While the community expects that hospitals provide a full array of health services such as emergency care, inpatient and outpatient care, including diagnostic services; they often are not aware that as a community hospital, Windham provides many other benefits to people who live in our 19-town service region.

## What are Community Benefits?

Community Benefits are programs or services that address community health and health-related needs, providing measurable improvement in access to healthcare and the health status of people in our region. Some examples of Community Benefits are around-the-clock emergency and trauma services for those in crisis, free community health education classes, outpatient services for medically under-served women and community building programs, just to name a few.

Windham Hospital not only heals people, it gives them the tools to stay well. Community Benefit activities demonstrate Windham Hospi-

tal's commitment to caring for people in the 19 towns we serve.

These services bring little or no payment to our hospital, but are sustained because they are important to residents of the communities we serve.

This Community Benefit Report brings to light just a few of the ways we fulfill our mission each day by providing quality care, education and support to our communities.

Charity Care (at cost)*	\$ 889,356
Bad Debt (at cost)	\$1,894,338
Government-sponsored health care (net expense)	\$3,304,406
Community Benefit Programs (net expense)	\$ 800,079

*\*For definitions of these line items, please see our Community Benefits report in the "news and media" section at [www.windhamhospital.org](http://www.windhamhospital.org).*

**More than 10,000 people in our region benefited from Windham Hospital's community benefit activities and services. Overall, more than 20,000 staff hours and 1,700 volunteer hours were devoted to these community benefit activities.**

*Lynne McPhee, RD, Jerilyn Allen, MD, and Yvette Martas, MD were panelists at the Women's Health Conference held at UConn in March.*



*Jane Diaz, RN, works with patients in the Cardiac Rehabilitation program at the Hospital.*



## Community Benefit Activities

American Red Cross Blood Drives  
 Cancer Education  
 Prenatal Clinic – for low-income and uninsured mothers  
 Connecticut Breast and Cervical Cancer Early Detection Program  
 Child Sexual Abuse Examination Program  
 Childbirth Classes for expectant parents  
 Cardiac Rehab support groups  
 Healing Hearts support groups  
 Cholesterol screenings  
 Better Breather's Club – education, support and therapy for chronic lung disease  
 Community Health Fairs providing blood pressure, body fat & bone density screenings  
 healthLINK Cable Television Show  
 Meeting room space for community organizations  
 Diabetes Education classes and presentations  
 Student internships, shadowing and preceptorships for local high schools, colleges and universities  
 Smoking Cessation Support Groups  
 STRETCH Community Leadership Program  
 Integrative Health Programs - Reiki, Massage, Clown Therapy, Meditation, Pet Visitation, Pastoral and Spiritual Care, Yoga

Case Management/Social Work  
 Social Work coordination with community groups  
 Educational lecture series  
 New Parent Support Groups  
 Breast Cancer Support Group  
 Student Wellness programs at the Windham High and Jr. High School health clinics  
 Relay for Life in collaboration with the American Cancer Society  
 United Way Drive in collaboration with United Way of Central and Northeastern Connecticut  
 Go Red for Women in collaboration with American Heart Association  
 Cancer Survivors Day in collaboration with American Cancer Society  
 Spring into Health Fair offering free health information, demonstrations and health screenings in collaboration with United Way, Generations Family Health Center, VNA East and the Lions Club  
 Medical library with community access  
 Disaster Planning for the community  
 Financial Counselors

*Beth Cheney, APRN, and Maren Robertson, CNM, accompany Congressman Joe Courtney on a tour of the Hospital's Prenatal Clinic. Courtney was instrumental in obtaining stimulus funds for the Clinic from the American Recovery & Reinvestment Act of 2009. The Clinic helps to ensure that more than 50 healthy babies are born to mothers in our community.*

