



CEO CORNER / *Dick Bueink*

Our Commitment to Excellence Grows

As spring turns to summer we are making great strides in our quest to make Windham the best community hospital in Connecticut. Our Standards of Behavior, developed by staff members across hospital departments, are exemplified each and every day by staff throughout the organization.

Congratulations to our more than 30 fellow staff members who have been recognized for creating a positive first impression for our patients and customers. This is the first of five Standards of Behavior we have adopted as an organization and we are proud to recognize those that are model staff members. See the article on page 2 and the names of our peers that were nominated this month for their great attitude and courtesy. Each month our Standards Team will highlight a different standard and department managers are encouraged to nominate those staff members that epitomize these model behaviors.

Displaying Our Progress with Pride

In the coming weeks you will see our Commitment to Excellence displays emerge in three different areas of the hospital. We will highlight the measurements of our progress toward our organizational goals. Our first display case – designed for the public – has been mounted on the wall of the Atrium next to the Information Desk. Our communications team is working with our measurement team to create a display that will inform our visitors about our progress and our priorities to ensure accessible, affordable high quality care for our community. It will appear in the coming weeks.

Two more displays will soon appear in interior areas that will provide more detail about our progress. These internal boards will be hung near the staff entrance and outside the cafeteria and updated regularly. Department leaders may also choose to place specific goals and measurements within their own departments to remind staff members of our most important targets.

As always, we welcome your feedback about what is working well and what can be improved across the hospital. We are all committed to making this an even greater place for our patients to receive their care and for all of us to work. Thank you all for your continued dedication and commitment. Together we will continue to meet our goals and grow stronger in the process. Enjoy a healthy, safe and fun summer with your family.



CANCER SURVIVORS DAY



The sun was shining, the food was delicious, and Gina Barrecca offered insightful swim-suit advice. On May 31st, Windham Hospital celebrated National Cancer Survivors day, celebrating friends, families, and survivors who courageously battle cancer.



Author and guest speaker, Gina Barrecca autographed copies of her latest book, *It's Not That I Am Bitter*.

CELEBRATION OF SERVICE

There is no family like ours at Windham Hospital. On June 4, we honored 149 staff members who have provided a total of 1,541 years of service! Of these, 19 staff members have served Windham for more than 30 years. A full listing of the celebrants appears on pages 5-6 of this issue.



Algi Santa-Lucia, Patient Access, has served Windham Hospital for 40 years.



Kathy Clark, Radiology, has been working at Windham Hospital for 35 years.



Kudos to the HR staff, who organized this wonderful event! Left to right: student intern Ashley Jose, Jo Monty-Ouellette, Marty Levine, Janine Masso, and Wendy Nogler. Not pictured: intern Mark Aldo.

MESSAGE FROM A GRATEFUL COLLEAGUE

Once again I am humbled by the generosity of my friends at Windham Hospital. I have worked at Windham for almost 22 years and have come to think of us as a second family: somewhere where everyone knows your name, not to mention your family member's names. It always has given me comfort to know you're all there and that has never been more truly felt than over this last year.

Last April my husband, who had been complaining of low back pain, came to the Emergency Room for leg numbness: he's an EMT and knows that numbness is not a good sign. I was working with my usual crew when he came in. Dr. Perez ordered the MRI that discovered Danny's problem was much more than orthopedic in nature: the diagnosis was a Lumbar tumor. That began the roller coaster ride known as cancer. Many of us have been on this coaster because of our own diagnosis or that of a loved one: this ride sucks! I was grateful that first day because my friends were around us, and my brother happened to be doing observation time in the ED, so the support started immediately. As difficult as it may have been for Alberto to tell us this awful news, there was a strange comfort in it for us and we are eternally grateful to him.

Over the next 14 months we endured five rounds of chemo, multiple hospital admissions, testing at three different hospitals, and two major surgeries: all of them culminating in a round of high-dose chemo and an autologous stem cell transplant last month. All of you have continued to be supportive: meals for the family, a shoulder to cry on, an ear to complain to, or a partner for a night of margaritas and much needed laughs. It totally blew my mind when I'd come home after being at Hartford Hospital all day to have a warm meal and find some kind soul had mowed my lawn (I think the zero-turn radius lawn mower was a fun enticement for some). All of it seems a blur at this point, except for the faces that made it all a little more bearable. One thing that gave us great pride is when the social workers would ask about our support system at home, I can remember Danny's great big smile as he would brag about our co-workers and the brotherhood of firefighters that have stood and fought this battle with us.

A special thanks to Corey Roy, Ginger Shaia, and Sandy Julian for the AWESOME benefit party and to all who joined us for the fun: Kim Enright, my best friend, where would I be without you; Nicki Chavez-Martinez, Rick and Wanda for food, putting up the pool, and your unwavering friendship: Becky Vildavs, my other best friend, who did kid patrol on many nights: Scott Vezina for everything: Mike Dion for letting me put down my shield and giving support every time I needed it. There were many who donated time and that saved us, thank you. The emergency department staff and my friends from "Windham Weighs In"- we are forever grateful for you! Dr. Kilgannon and Dr. Barry, all we can say is thank you, and Mary I will bring you to a feis with me yet. A friend once told me a gift from yourself is the best kind of gift and that is what you have all given to us.

So Dan and I would like to give a heartfelt thanks to all who have been there for us. Sometimes a passing smile or hug was just what we needed to get us thru another day and you gave it freely. We are humbled again to call you our family.

— Brenda Davis,
Emergency Department

Thank You!

WINDHAM HOSPITAL'S COMMITMENT TO EXCELLENCE:

CREATE A POSITIVE FIRST IMPRESSION

This past month we highlighted one of the five Standards of Behavior in an effort to recognize staff members who exhibit these traits on a consistent basis. These are model staff members who have signed the Standards document and are providing excellent customer service to our patients and customers.

The behaviors include:

- Remembering to smile and acknowledge our customer's presence.
- Introducing themselves and their role when interacting with patients and customers.
- Making eye contact and focusing on the needs of patients, visitors, co-workers and others; demonstrating empathy and friendliness. Treating customers with courtesy and respect in person and/or on the telephone.
- Wearing their ID badge at all times and in such a manner that it can be easily viewed while on Windham Hospital property.

The following individuals were nominated by Department Managers (not necessarily their own) to be recognized this month:

<i>Name</i>	<i>Department</i>
Diane Angotta	School-Based Health Clinic
Pat Brown	Patient Access
Donna Carr	Lab
Pam Cheney, RN	ED
Jose Christian	Food Services
Laureen Cohen, RRT	Sleep program
Carol Desir, RN	Greer Unit
Jill Elliot	First Choice
Susan Fernandez	Lab
Janet Garson	Materials Mgt.
Stefan Gonzalez	Billing
Nate Goodrich	Radiology
Sheila Guyot	Lab
Alanna Herrick	School-Based Health Clinic
Sharon Hineline	Lab
Beth Hoadley	Nutrition Services
Laurie Hopkins	HIM Dept.
Carolyn Jordan	Patient Access
Alicija Julian, RPSGT	Sleep program
Karen Kessler	Patient Access
Mindy Kivlin	Finance
Kim Krasnow	Patient Access
Alicia Lynn, RPSGT	Sleep program
Stephania McBride	Greer
Marleen McKean, RPSGT	Sleep program
Luis Mercado	Housekeeping
Zoraida Mercado	Patient Access
Kathy Ohlund	Patient Access
Joanne Pallein	Central Sterile Supply
Marina Quarticelli	Community Relations
Isabel Rivas	Central Sterile Supply
Algi SantaLucia	Patient Access
Cindy Seckla, RPSGT	Sleep program
Dawn Simoneau	Radiology
Kate Starkey	Prenatal Clinic

Cathy Stuart Radiology
Stephanie Wheeler Radiology

We are happy to recognize these individuals and are proud to work with them toward our common goals. Ten of these individuals will be drawn to win a \$5 certificate in the Coffee Shop. Congratulations to everyone on this list.

Next month we will be featuring the Standard: Listen, Investigate, and Respond to Concerns. Nominations will be collected in July and printed in the August StaffLink.

COMMUNITY RELATIONS INTERN



The Community Relations office welcomes Jessica Labbe-Trudeau to the team. Jessica will be interning through November and will help Shawn Maynard with event planning.

Jessica currently attends Central Connecticut State University, majoring in Communications. While interning Jessica plans to finish her last semester. Eventually Jessica hopes to find a job in Event Planning. Welcome Jessica!

AUXILIARY "SPIRITS IN SPRING"



Even grey skies and showers couldn't dampen the spirits of the guests at the Auxiliary's annual "Spirits in Spring" Event held at the Safe Haven Alpaca Farm in Hampton on June 11th.

WELCOME, NEW STAFF MEMBERS

Thomas Barbone, Plant Maintenance & Operations • Johanna Berry, Nursing • Ashley Choruzek, Nursing • Jacqueline Deveny, Radiology • Katie Irizarry, Case Management • Laura Lassow, Case Management • Iwona Leger, Nursing • Sofia Loran, Nursing • Allison Mariano, Nursing • James Pupillo, Lab • Amy Therrien, Nutrition • Deborah Tschopp, Nursing • Erika Visinski, Nursing • Christopher Wilterdink, Administration • Betsy Woodward, Nursing

WELCOME, NEW VOLUNTEERS

Illona Metell, Gift Shop and Family Centered Care • Ann Pedro, Family Centered Care

AMA PROJECT

Members of the ACU/PACU/OR and Radiology Departments will be participating in an AMA pilot project (Patient-Centered Communication) on June 16th in the Hatch Day Room. Responding to employee and patient surveys distributed last fall, topics such as health literacy, using interpreters and patient/family collaboration will be covered using a fun, innovative approach. Contact Mary Horan if you are interested in learning more or would like to attend a future dinner event.

CONGRATULATIONS TO...

...**Marc Rigatti** in the Microbiology Department. Marc recently took the medical school entrance exam and scored an impressive 97%.

...**Kate Cheromcha** and **Paris Sideris**. Kate's essay was selected as an award-winner by the North Atlantic Health Science Libraries Association. The essay described their joint project to increase use of the MOSBY computer-based nursing index. Kate and Paris met with each nursing floor, hosted events, and generated interest in the project. Paris was also instrumental in placing the MOSBY data on the hospital's intranet site.



Marc Rigatti in the Lab.

HEART DISEASE AND HEART ATTACK PREVENTION GROUP TAPS WOODLEY

Dr. Anthea Woodley has been selected by the CT Department of Public Health to serve on a special commission that has targeted heart disease. Heart disease is the leading cause of death in Connecticut and in the United States. The commission seeks to:

- Improve high blood pressure management and cholesterol control
- Improve knowledge of signs and symptoms of cardiac events and follow-up calls to 911
- Improve emergency response to cardiac events
- Improve quality of care for heart disease and
- Eliminate heart disease disparities.

INTERNS

For the past few months the Prenatal Clinic and Community Relations offices have had a little help from Ashley Desloge and Galen Riordon. The students came from the Mansfield Depot "Big Picture" campus of EO Smith High School.



Ashley helped with the design of three pamphlets for the Prenatal Clinic, and is shown here with her mentor, Kate Starkey.

Galen's project was to create a map of the Hospital, showing corridors and departments. Here, he shows his mentor, Sharyn Mathews, his design. These maps are a great help to those trying to navigate through the hospital.



Additional students from EO Smith's Depot Campus will be seeking projects in the fall. If you would like to consider becoming a mentor, please ask Marina Quarticelli for more information (x 6700). To obtain copies of these maps, contact Sharyn Mathews (x 6801).

THE LADY WITH THE LAMP



When I started nursing school, I remember learning about Florence Nightingale's contribution to the profession of nursing. Since that was a few years ago, I have had to go back and refresh my memory, because I want to share what I found with the Windham Hospital Community as well as recognize those who have received with the Nightingale award for Nursing Excellence in the past. Florence Nightingale was named after Florence, Italy where she was born in 1820. Although her family is British, they were well off and had been traveling for extended periods throughout Europe. Florence had an excellent home education and excelled in mathematics. She had always wanted to be a nurse but her family had plans for her to marry a wealthy man and become a socialite, wife, and mother. She felt she had a strong calling to caring and finally convinced her parents to allow her to enter a three-month nurse training program in Kaisewerth, Germany. She returned to England to work in a hospital until the Crimean War began in 1854. She had heard about the poor conditions in the military hospitals in Turkey, she recruited 36 other nurses and went off to Turkey where she spent her days and nights caring for the wounded and sick. She found the system lacking in equipment, medication, hygiene and nutritional food. She spent countless hours trying to make changes in the deplorable conditions in facilities in which the soldiers were cared for. Henry Wadsworth Longfellow wrote about of her efforts:

Lady with the Lamp
Lo! In that hour of misery
A lady with a lamp I see
Pass through the glimmering gloom
And flit from room to room

When she returned to England, she opened the Nightingale Training School for nurses at the St. Thomas Hospital in London. In developing this school, she wrote the curriculum, and called it "Notes for Nurse Training." This outlined her ideas regarding sanitation, military health and hospital planning. While she was in Turkey, she came down with brucellosis, also called Crimean Fever. She checked herself into a hotel to quarantine herself from her family and friends. She had long-term effects from the disease that were very similar to encephalomyelitis or Chronic Fatigue Syndrome. Even though she was severely crippled, she continued to write for the Royal Commission on the Health of the British Army, including a 1,000-page statistical report, using pie charts and circular histograms. This helped to bring about major changes in the military healthcare in England, establish the Army Medical School, and develop a comprehensive system of medical records.

As you can tell, she was a woman ahead of her time. What impresses me most is her combination of undying compassion, commitment to the improvement of medical care and her ability to use her education to do so. Not only was she a nurse, but a political figure, pioneer, humanitarian, mathematician and author. One person can make a difference. The reason Nurse's Day is celebrated in May is to honor Florence's birthday on May 12th. There are many nurses in the hospital who have followed this calling and exemplified those same qualities of nursing excellence and have received the Nightingale award. Most recently these people have included Carol Palonen, Karla Beckert, Debra Millette, Susan Prichett, Ellen Schreiber, Kathleen Freeman, Leigh Johnson, Shelley Racine, Eileen Medeiros, Carolyn Bass, Cary Trantalis, Jane Diaz, Mark Schwab, Andrea McDevitt, Colleen Corcoran, Melody Zande and Barbara Garceau. Congratulations to all.

— Tamre Fontaine

Editor's Note: Tamre Fontaine was also a Nightingale Award Winner in 2009.



WCMH VOLUNTEERS MAKE A "GREAT ESCAPE"

On May 28, Windham Hospital volunteers went on their annual Great Escape, a day trip to Lenox and Sturbridge, Massachusetts. While in Lenox, volunteers toured The Mount, famed author Edith Wharton's estate. Following a wonderful lunch at the historic Red Lion Inn in Stockbridge, the group enjoyed a wine tasting at the Furnace Brook Winery in Richmond, MA. Thank you to the department managers and supervisors who "filled in" for the volunteers that day!

Left: Our group in front of the Red Lion Inn. At right: Charlie Nadile, Outpatient Registration Volunteer atop the mascot of the Red Lion Inn.



OUR CONDOLENCES TO...

...**Jean Arnini**, HIM Coding. Jean's mother, Erma Chabot, passed away on Tuesday, June 9th. Our deepest sympathies go out to the Arnini and Chabot families.

THANK YOU

For taking great care of our cancer patients, Thank You to the Planning Committee. Thank You to all of the Volunteers for the Day! Thank you to the nutrition services, dietary services, maintenance and housekeeping services. Thank You to the Administration Departments for supporting this event, attending and helping where and whenever needed. Thank You to the departments who put together gift baskets. Thank you to those who baked something for the day! The food was fabulous! Thank You to the ACS for helping and collaborating with this event! Thank You to the VNA East for coming and helping with this special event! Thank You to the Doctors and Nurse Practitioners who came for the day and shared this special day with their patients. It takes many hands to put together such a great day, maybe you helped deliver an order, baked some food, brought up some food from the cafeteria, put out the endless tables and chairs, or just encouraged someone to attend... It is because Windham Hospital is such a caring family that we can hold such wonderful and meaningful events.

— *With sincere appreciation,*
Carol Palonen RN

STAFF APPEAL

Congratulations to the following incentive item winners of the June Staff Appeal monthly drawing:

- Dianne Richardson – Accounting – \$50 Applebee's Gift Certificate
- Joanna Manzo – Operating Room – \$50 Applebee's Gift Certificate
- Laureen Bouchard – Quality Management – preferred parking
- Melody Zande – Greer – preferred parking
- Donna McHahon – One Day Surgery – 5 cups of coffee/soup from the Coffee Shop
- Brandi Hollister – Mammography – gift certificate to Auxiliary Coffee Shop

These caring and generous individuals not only make a difference every day in the lives of patients who pass through our doors, they supported Windham Hospital with a financial gift. Gifts from donors such as these enable us to maintain the excellent care we all want for our family, friends and love ones. Thank you for your loyalty and generosity. We are very grateful for your ongoing support.

CAREGIVING SEMINAR

For Health Care Providers, Teachers, Friends, and Family. Immerse yourself in what it means to take care of yourself and others in a healthy, compassionate way.

6 Tuesdays: July 7 & 21, August 11 & 25, September 8 & 22 7-9 PM in the Hatch Day Room at Windham Hospital. \$150 covers all 6 sessions. For more information, contact Cheresse Mathews at 860-942-3799.



When prompted to change your password, please remember two simple rules. Passwords must be between 6 and 10 characters long and although you may have one or more numbers in the password, it CANNOT start with a number. Even though Windows will allow you to create a password that is greater than 10 characters, your logon is passed to some down-stream systems in our hospital that require the shorter passwords. Thus, the restriction to 10 characters.

— *Denis Ferrara*
Information & Technology

LOCAVORES REJOICE!

Local farmers' markets are open for business! Fresh fruits and veggies, delicious baked goods and garden delights await you at numerous markets across the state. Check the CT department of Agriculture website at www.ct.gov/DOAG to find a market, CSA or local "pick your own" farm near you. Enjoy!



COMPETENCY DATES

Nursing Education will sponsor a refresher course on Critical Care on September 9 from 7:30 am to 4:30 pm, and September 23 from 1:00 to 10:00 pm.

Nursing Education will also sponsor 2 PCT III Competency days on October 22 from 12:00 pm to 9:00 pm and November 13 from 7:30 am to 4:30 pm.

STAFF MEMBER SERVICE CELEBRATED

40 Years of Service

Algi Santa Lucia, Patient Access

35 Years of Service

Kathleen Clark, Radiology-Diagnostic
Maria Mieczynski, Health Information Management

30 Years of Service

Joann Kenney, Respiratory Services
Fred Klososki, Plant Operations & Maintenance
Dianne Michaud, Nursing-4 Shea
Sandra Minchew, Nursing-Critical Care Unit
Janice Palmer, Pharmacy
Kathleen Patera, Cardiac Diagnostic Center

25 Years of Service

Diane Angotta, Middle School Health Center
 Lori Caya, Nursing-Greer
 Catherine Despatie, Ambulatory Care Unit
 Jane Diaz, Cardiac Diagnostic Center
 Kevin Horan, Materials Management
 Teresa LaFleur, Cardiac Diagnostic Center
 Lynne LaGuardia, Laboratory
 Louise Landry, Patient Accounts
 Susan Quimby, Nursing-Obstetrics
 Patricia Reid, Pharmacy
 Henry Walker, Laboratory

20 years of Service

Lori Billings, Laboratory
 Patricia Bouchard, MRI
 Linda Contois, ED
 Kimberly Enright, ED
 Rebecca Jarivs, Information Technology
 Carolyn Jordan, Patient Access
 Katharine Knight, Laboratory
 Heidi Kolle, Patient Access
 Deborah Linton, Food Services
 Margaret Montigny, Nursing-Greer
 Pierrette Proctor, Radiology Program/Medical Affairs
 Bonnie Slater, Electrocardiology
 Wendy Starkel, Nursing-Greer
 Enrico Zirolli, Respiratory Services

15 Years of Service

Victoria Acquah, Nursing-Critical Care Unit
 Sheryl Beaudoin, International Radiology
 Janice Chankar, Nursing Critical Care Unit
 Gail Charron, Food Services
 Christopher Delmastro, Food Services
 Kathleen Freeman, Ambulatory Care Unit
 Christie Gorman, Food Services
 Kahleen Hawkins, Quality Management
 Melinda Kivlin, Finance

Linda Kovalck, Ambulatory Care Unit
 Dawn Noel, Case Management / Social Work
 Janna Pichette, CAT Scan
 Beverly Quick, Food Services
 Lynn Rodriguez, Food Services
 Alana Tartsinis, Nursing Education
 Eileen Zajac, Radiology-Diagnostic

10 Years of Service

Armand Audet, Plant Operations & Maintenance
 Sarah Casey, Environmental Services
 Rachel Cormier, Pharmacy
 Barbara Dunn, Physical Medicine
 Brandi Hollister, Mammography
 Kevin Howe, Food Services
 Sandra Hyde, Ambulatory Care Unit
 Bobbie Macierowski, Laboratory
 Donna McMahan, Ambulatory Care Unit
 James Meikle, Security
 Mary Pena, Patient Access
 Ted Yuschalk, Plant Operations & Maintenance

5 Years of Service

Jennifer DePiano, Nursing-Greer
 Glenna Dow, Laboratory
 Aleksandra Dunnigan, Nutrition Services
 Susan Fernandez, Laboratory
 Linda Fitzgerald, Patient Access
 Annmarie Gamache, Nursing-Critical Care Unit
 Shannon Gibeault, Nursing-4 Shea
 Jason Green, CAT Scan
 Keri Gurnack, Emergency Department
 Alanna Herrick, Wellness Center
 Mary Jenkins, Nursing-4 Shea
 Joanna Kowalski, Nursing-Greer
 William Ledoux, Security
 Nicole Martinez Chavez, Nursing-4 Shea
 Stephania McBride, Nursing-Greer

5 Years (continued)

Marleen McKean, Sleep Laboratory
 Christina Medeiros, Finance
 Patricia Moran-Kimzey, Nursing Administration
 Ngocthuan Nguyen, Food Services
 Josephine Paluzzi, Environmental Services
 James Papadakos, Finance
 Louis Perrone, Security
 Daniel Raiola, Security
 John Roberts, Respiratory Services
 Jeanette Rohan, Physical Medicine
 Marcelino Sanchez, Environmental Services
 Collin Scatena, Food Services
 Cindy Seckla, Sleep Laboratory
 Stacey Shaia, Food Services
 Rita Sheetz, Ambulatory Care Unit
 Mark Siczkowski, ED
 Melissa Slomski, Mammography
 Kate Starkey, Women's Health
 Anne Strate, Security
 Lea Toconis, Radiology-Diagnostic
 Keith Trosell, ED

3 Years of Service

Tori Adams, Radiology-Diagnostic
 Lisa Albert, Nursing-4 Shea
 Rebecca Arnold, Laboratory
 Joan Bart, Food Services
 Ellen Boudreau, Ultrasound
 Pamela Bouten, Nursing-Greer
 Patricia Brown, Patient Access
 Kaysie-Campbell Lloyd, Nursing-Obstetrics
 Jennifer Cassidy, Nursing-Critical Care Unit
 Susan Cassone, Finance
 Erica Choiniere, Nursing-4 Shea
 Deborah Colozzi, Nursing-4 Shea
 Audrey Courtney, Nursing Administration
 Glenda Czmyr, Environmental Services
 Solinez Echevarria, Food Services

Karen Egan, Ambulatory Care Unit
 Adriana Figueroa, Security
 Karoline Flynn, Patient Access
 Carmen Gonzalez, Nursing-Greer
 Mary Hiltz, Food Services
 Heather Hodgkins, ED
 Tedd Howlett, Security
 Scott James, Respiratory Services
 Kyle Larned, Materials Management
 Megan Lawrence, Nursing 4-Shea
 Pandora London, Respiratory Services
 Clayton Mackey, Radiology-Diagnostic
 Emily Macko, Health Information Mgmt.
 Sharyn Mathews, Community Relations
 Paula Mayo, Laboratory
 Yineth Mendoza, Surgical Services
 Morgan Murphy, Radiology-Diagnostic
 John O'Keefe, Nursing Administration
 Paul Painter, Information Technology
 Vira Patsemko, Pharmacy
 Cory Pearce, Physical Medicine
 Amanda Perea, ED
 Caitlin Reilly, Environmental Services
 Emiliano Rivera, Environmental Services
 Stanley Rosenstein, Food Services
 Jan Roy, ED
 Dawna Rutherford, Nursing-Obstetrics
 Silver Sarles, Nursing-4 Shea
 Anne Schmidt, Nursing Administration
 Debbie Scott, Food Services
 Ginger Shaia, ED
 Beverly Spink, Case Mgmt/Social Work
 Sean Trainor, EMS Program
 Caroly Trantalis, Nursing Administration
 Tina Trudeau, Patient Access
 Michelle Wallace, Case Mgmt/Social Work
 Lauri Wilbur, Ambulatory Care Unit

AUXILIARY TO WINDHAM HOSPITAL 2009 SCHOLARSHIPS

The Auxiliary is pleased to announce that Jessica Johnson of Canterbury and Shane Shirshac of Scotland, are this year's recipients of the Auxiliary's annual scholarships. Jessica, who attends Woodstock Academy, plans to attend the University of Connecticut, with a major in pre-med and a minor in Spanish. Jessica hopes to become a physician and/or researcher. She currently volunteers at the Pierce Memorial Baptist Home.

Shane, a student at Windham Tech, plans to attend Central Connecticut State University and major in Occupational Therapy and Psychology. Shane hopes to eventually transfer to Springfield College where he will study for a Master's Degree in Occupational Therapy. He volunteered at the Hospital in the fall of 2006 and the summer of 2007.

The Auxiliary scholarships are awarded each year to two graduating high school student interested in pursuing a career in the health-care field. Each student will receive \$1,000 toward their college education.



Auxiliary members Rebecca Putnam, Deborah Leavens, Lennox Brodeur, and Lisa Torre-Elliott, with scholarship winners Shane Shirshac and Jessica Johnson.

COLLABORATION WITH COMPASSION

Month after month, I get to hear those words as I share the tenets of Family Centered Care with new employees. Oddly enough, I don't mind repeating them, because each repetition is an opportunity to be reminded of how I can make a difference in my work. Here at Windham Hospital, we are lab techs, clerical workers, nurses, physicians, therapists, coders, environmental service workers, volunteers, cooks, administrators...the list is quite long. At the end of the day, it doesn't matter what you do. What matters is how you do it—the creative, personal touches you add to make someone's day a little easier or a little smoother. Some people will notice what you've done, and some won't. But I guarantee you, if you start to approach your job with the goal of giving truly caring service, you will be transforming your work into something magnificent.

— Mary Horan
Family Centered Care

HEALING HEARTS

This is a reminder that Healing Hearts will not meet in July or August. Healing Hearts will resume September 10th.

A SPECIAL "MITZVAH"

Columbia resident Noah Langlois recently presented a basket of books, blankets, wipes, frames, lotion and tissues to the Windham Hospital Foundation's Executive Director, Mona Friedland on the occasion of his Bar Mitzvah. A "mitzvah" is a good deed, and since the portion of the Torah that Noah read on his special day had to do with guidelines for prenatal care and raising children, he wanted to provide some items for moms at the Hospital.



On a historical note, Noah's Bar Mitzvah took place in Columbia, where he lives with his family, at Congregation Agudas Achim, which was formed to support the Jewish farmers who had emigrated to that area at the turn of the last century. It was the first Bar Mitzvah performed there since 1949.



Integrative Health Steering Committee presents...
"For The Health of It"
Wednesday evening lecture series...

The Lebed Method: Focus on Healing Through Movement & Dance

Presented by
Sharon O'Neill Mulcahy, MA, MS, DMT, CLM

Wednesday, July 29, 2009
7:00-9:00 pm in the Education Center

The Lebed Method is committed to improving the physical and emotional well-being of breast cancer survivors, and those with lymphedema, as well all cancers and chronic illnesses in both adults and children. The method seeks to elevate quality of life through therapeutic dance and movement, healing body, mind and spirit.

Sharon O'Neill Mulcahy is a licensed certified Lebed Method instructor and certified dance/movement therapist, whose work with children, cancer survivors, and wheelchair-bound individuals has earned her accolades throughout Connecticut. For more information about the technique, visit www.lebedmethod.com.

Future Lectures

There is no lecture for August; lectures will resume in the fall, with Dr. William Shevin, who will present "Health & Disease: A Wholistic Approach Using Homeopathy & Nutrition" on September 30th.



Windham Hospital Welcomes

Fadi Al-Khayer, MD, FACE

Dr. Fadi Al-Khayer has opened his practice, the Connecticut Endocrinology Center, in Storrs, offering care for patients with thyroid and parathyroid diseases, diabetes, osteoporosis, and pituitary and adrenal disorders. Board-certified in Endocrinology, Diabetes & Metabolism, Internal and Geriatric Medicine, Dr. Al-Khayer completed fellowships at the University of Michigan and Wayne State University, and received a number of certifications from the Mayo Clinic in Rochester, Minnesota. He is delighted to join the medical staff at Windham Hospital and looks forward to serving the people of eastern Connecticut.

Connecticut Endocrinology Center
34 Professional Park Road (Route 44) in Storrs

For appointments, phone **860.487.9102**.

Use our physician-finder at www.windhamhospital.org.



Windham Hospital Welcomes

Marlene Schwartz, MD, FACP, FCCP

Dr. Marlene Schwartz has joined Dr. Robert Bundy in offering pulmonary and critical care medical services to patients of the Windham community. Dr. Schwartz comes to us following years of service at both critical and acute-care hospitals in Connecticut, and she is Board-certified in Internal Medicine, Pulmonary Diseases and Critical Care Medicine. She has published her work and has been involved in a variety of research projects in the field of lung disease, focusing especially on asthma and COPD. Dr. Schwartz is a graduate of the SUNY Health Science Center and the Medical Program at Brooklyn College.

For appointments, phone **860.456.7279**.

Use our physician-finder at www.windhamhospital.org.



SAVE THE DATE!



Tuesday, July 28th

Ribbon Cutting & Dedication of the new pergola in the Waugh Garden

(In the meantime, stroll into the Garden and enjoy this beautiful new addition to our campus.)

CALENDAR

In June, we celebrate national Aphasia Awareness, Hernia Awareness, Scleroderma Awareness. Headache Awareness week (1-7), Vascular Nursing Week (9-13), Men's Health Week (9-15), Nursing Assistants Week (12-19), Healthcare Risk Management week (16-20).

In July, we celebrate Cord Blood Awareness Month, Hemochromatosis Screening Awareness Month and the National Drunk Driving Awareness Campaigns well as a week-long observance of National Therapeutic Recreation Week (6-12).

REIKI TRAINING...

has been postponed. If you would like to be notified of future training dates, please contact Carleen Wells, carleenwells@hotmail.com or Cheres Mathews at earthcounsel@hotmail.com