



Swine Flu Update

HOSPITAL PREPAREDNESS

Several steps have been taken to ensure that the hospital is prepared to treat and prevent the spread of Swine Flu as effectively as possible.

- We continue to be in regular contact with state and federal officials for updates and recommendation on all fronts of the Swine Flu outbreak
- An interdisciplinary team of hospital managers has been meeting daily to go over hospital preparedness issues such as materials management, infection control and hospital-wide response plans
- People should not go to Emergency Departments unless they are very ill. People should contact their healthcare provider or go to the nearest clinic such as Med-East to be evaluated. Med-East is open Monday through Friday 8 AM to 7 PM and on the weekend, Sat & Sun from 10 AM to 3 PM. Willimantic Phone 456-1252 and Tolland 871-5452.

PROTECTING YOURSELF AND OTHERS

- One of the most effective precautions you can take is to thoroughly and frequently wash your hands
- Sneeze into a tissue and immediately dispose of properly after use

For additional information regarding symptoms and precautions, please visit the federal Centers for Disease Control and Prevention (CDC) Web site at www.cdc.gov/swineflu, the Connecticut Department of Public Health (DPH) Web site at www.ct.gov/dph, or **MedlinePlus** <http://www.nlm.nih.gov/medlineplus/swineflu.html> This page is also available in Spanish: <http://www.nlm.nih.gov/medlineplus/spanish/swineflu.html>

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